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Hearing Rehabilitation Center wins fifth award

The Hearing Rehabilitation Center has been selected as the Best Hearing Clinic by Daily Southtown readers for the fifth year in a row.

Dr. Peter Sotiropoulos, president of The Hearing Rehabilitation Center, says "thank you for our fifth selection as Southland's 'Best Hearing Clinic.' In my 33rd year of practice, 13 years in the Chicago Southland, it is with pleasure I can provide quality and ethical hearing, balance and tinnitus health care, with a human touch, at our offices in Kankakee and Steger."

Sotiropoulos is a strong advocate for regu-

lar hearing testing, protection of hearing from noise exposure, and treatment of hearing impairment for a better quality of life.

He states that there are at least five motivators for getting a hearing test:

1. Your hearing may say something about your heart.
 2. Hearing loss is twice as common in people with diabetes.
 3. Addressing hearing loss may benefit cognitive function.
 4. Hearing loss is tied to sleep apnea.
 5. Hearing loss is tied to depression.
- Hearing health affects so many aspects of

one's life that routine hearing tests should be part of a healthy lifestyle to safeguard one's well-being and quality of life. So schedule your hearing test today. Hearing loss brings with it cascading medical, emotional and social side effects. Hearing loss affects communication, so it is not surprising that several medical studies and medical professionals point to a strong association between hearing loss and depression.

Sotiropoulos states that 85 percent of patients report at least one area of their life was improved by wearing hearing aids. The Hearing Industry Association reports that

eight out of 10 hearing aid users are satisfied with the changes that have occurred in their lives due to hearing aids, and nine out of 10 patients are projected to experience significant improvements in their quality of life once they experience a 70 percent reduction in their hearing handicap.

"Come in and hear the quality difference," Sotiropoulos says, "and remember to schedule your hearing test today."

The Hearing Rehabilitation Center is located at 29 W. 34th St. in Steger; or 1455 W. Court St., in Kankakee. For more information visit hearingrehabctr.com.

Superior thanks Southtown readers

Superior Cabinet & Window's proprietor Frank Klauck and Park Forest Store Manager Al Jones humbly thank the readers of the Chicago Tribune, Daily Southtown and CommunityStar Newspapers for voting Superior Cabinet & Windows No. 1 for Kitchen/Bath Remodeling seven years in a row. In business since 1985, Klauck believes customer satisfaction to be their greatest success.

Dr. Zumstein can help to relieve your back pain

Back Safety & Wellness Center is a full-service, wellness clinic in downtown Homewood that has been featured on WGN News.

Owner Dr. Josh Zumstein is author of the professionally endorsed book, "Secrets to Preventing Back and Neck Pain," that has been featured on multiple media outlets. Zumstein brings his chiropractic knowledge to his clinic along with massage therapy, acupuncture, blood testing, rehab and nutritional counseling. Zumstein also provides in-house chiropractic care to



corporations and government bodies. Check out the Google reviews or visit

backsafetyandwellness.com to learn more and start your care today.

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BURGERS

Freeh's Again
21520 Main St., Matteson
708-747-8810

BUTCHER/MEAT MARKET

Dunning's Gourmet Market
18436 Governors Hwy., Homewood
708-799-5151
dunningsmarket.com

CARPET CLEANING

All American Carpet Cleaning
1166 Beauchamp Ave., Manteno
815-919-3827
allamericancarpetcleaningil.com

CARPET/FLOORING

Leon's Floor Covering
18353 S. Halsted St., Glenwood
708-756-3600
leonsfloorcoverings.com

CASINO

Ameristar Casinos
777 Ameristar Blvd., East Chicago, Ind.
ameristar.com

CATERING SERVICE

Southland Caterers
319 Main St., Park Forest
708-283-8272
southlandcaterers.com

CHICKEN

Harold's Chicken Shack
4527 Lincoln Hwy., Matteson
708-283-2100

CHIROPRACTOR

Park Forest Chiropractic
386 Forest Blvd., Park Forest
708-481-1715
parkforestchiropractic.com

COUNTRY CLUB

Flossmoor Country Club
1441 Western Ave., Flossmoor
708-798-4700
flossmoorcc.org

DANCE STUDIO

American Dance Center
1933 Ridge Road, Homewood
708-747-4969;
10464 W. 163rd St., Orland Park
708-349-4964
americandancecenter.net

DAY CARE

First Step Child Care Center
22025 Governors Hwy., Richton Park
708-747-3000

DAY SPA

Marc Alan Salon and Day Spa
3319 Vollmer Road, Flossmoor
708-799-4301
marcalandayspa.com

DELI SANDWICHES

Bergstein's NY Delicatessen
200 Dixie Hwy., Chicago Heights
708-754-6400
bergsteinsny.com

DENTIST

A to Z Dental
3677 Sauk Trail, Richton Park
708-481-2288
atozmagicdental.com

DRIVING RANGE

Coyote Run Golf Course
800 Kedzie Ave., Flossmoor
708-957-8700
coyoterungolf.com

FAMILY FUN CENTER

Homewood-Flossmoor Park District
3301 Flossmoor Road, Flossmoor
708-957-0300
hfparks.com

FAMILY RESTAURANT

Sabrina's Family Restaurant & Catering
17553 Kedzie Ave., Hazel Crest
708-957-7280

FINE DINING

Ariston Restaurant
17501 Kedzie Ave., Hazel Crest
708-799-6166

FITNESS HEALTH CLUB

H-F Racquet & Fitness Club
2920 W. 183rd St., Homewood
708-799-1323
hfracquetandfitness.com

FLORIST

Belles & Thistles Floral
Glenwood
708-316-7673
bellesandthistles.com