

Hearing Rehabilitation Center wins fifth award

The Hearing Rehabilitation Center has been selected as the Best Hearing Clinic by Daily Southtown readers for the fifth year in a row.

Dr. Peter Sotiropoulos, president of The Hearing Rehabilitation Center, says "thank you for our fifth selection as Southland's 'Best Hearing Clinic.' In my 33rd year of practice, 13 years in the Chicago Southland, it is with pleasure I can provide quality and ethical hearing, balance and tinnitus health care, with a human touch, at our offices in Kankakee and Steger."

Sotiropoulos is a strong advocate for regu-

lar hearing testing, protection of hearing from noise exposure, and treatment of hearing impairment for a better quality of life.

He states that there are at least five motivators for getting a hearing test:

1. Your hearing may say something about your heart.
 2. Hearing loss is twice as common in people with diabetes.
 3. Addressing hearing loss may benefit cognitive function.
 4. Hearing loss is tied to sleep apnea.
 5. Hearing loss is tied to depression.
- Hearing health affects so many aspects of

one's life that routine hearing tests should be part of a healthy lifestyle to safeguard one's well-being and quality of life. So schedule your hearing test today. Hearing loss brings with it cascading medical, emotional and social side effects. Hearing loss affects communication, so it is not surprising that several medical studies and medical professionals point to a strong association between hearing loss and depression.

Sotiropoulos states that 85 percent of patients report at least one area of their life was improved by wearing hearing aids. The Hearing Industry Association reports that

eight out of 10 hearing aid users are satisfied with the changes that have occurred in their lives due to hearing aids, and nine out of 10 patients are projected to experience significant improvements in their quality of life once they experience a 70 percent reduction in their hearing handicap.

"Come in and hear the quality difference," Sotiropoulos says, "and remember to schedule your hearing test today."

The Hearing Rehabilitation Center is located at 29 W. 34th St. in Steger; or 1455 W. Court St., in Kankakee. For more information visit hearingrehabctr.com.